

Terms and Conditions 2021



When booking online or with us directly, please be aware you are entering into these terms and conditions.

Services offered: Reiki, Reflexology and Havening Techniques are hands-on holistic health treatments to encourage relaxation, healing and release of unwanted trauma or thoughts. Please note, I will not recommend that you alter any treatment under your GP. These treatments are complementary to orthodox medicine.

Reiki and Reflexology are practiced while the client is fully clothed, or minus socks only, on a massage table. Havening is practiced fully clothes and seated. All treatments involve touch, unless discussed otherwise.

If at any time you feel discomfort, you understand that you may ask for the session to be stopped rather than continue. Sessions are most effective in relative quiet, but of course sometimes it is necessary to voice what you are feeling, to feel at ease.

Terms and Conditions:

When you book a session with the Janie Whittemore you agree to the following statements with regard to services offered and give permission for Janie Whittemore to perform such services as outlined above.

You also declare that you have disclosed any information (health or otherwise) that may alter the effectiveness of services offered.

You understand and agree with the following: -

- Payment - is required in advance or of at time of services offered
- Cancellations - Please note that we have a 48-hour cancellation policy to protect our appointment schedule. This means if you cancel with less than 48 hours to go for your treatment, we have the right to retain full payment and you will not receive a refund.
- No Shows – Anyone who either forgets or consciously chooses to forgo their session will be considered a “no-show.” You may be charged, in full, for this missed session. This amount must be paid prior to your next session and you may be required to pre-pay additional sessions.
- Late Arrivals – If you arrive late, your session may be shortened. Depending upon how late you arrive, there may not be enough time remaining to receive a full session. Regardless of the actual length of time of your session, you will be responsible for paying the full amount of the time frame you scheduled.
- You can request to stop the session at any time during a session, although this may not entitle you to a refund
- Treatments may or may not address any particular issue that you request help with
- If you feel discomfort or have a problem during the session, it is your responsibility to voice your concerns at the time
- your booked sessions may occasionally need to be cancelled or changed by Janie Whittemore due to availability of treatment space, appointments and unforeseen circumstances

Thank you.